



ISLAND COOKING CO.
BY DEB NOLAN

SAMPLE WINTER MENU

STARTERS

Westcott High Beach Sweet Oysters on the Half Shell pomegranate - red wine mignonette
Crab Cakes Piquillo pepper aioli
Roasted Crimini Mushroom Crostini fresh herbs, Cheve

PLATED SALAD

Tuscan Kale Ribbons Wild Arugula Salad Parmesan, Toasted Pine nuts, Lemon, Sea Salt
and extra virgin olive oil

DINNER

Chicken Tapenade, mixed chopped olives, roasted peppers, capers, parsley

Pan-Roasted Halibut fennel, shallots, grapefruit butter

Braised Spiced Pork Shoulder Porchetta rub (fennel, sage, rosemary, red pepper, garlic)

Creamy Polenta

DESSERT

Pumpkin Cream Brûlée