



ISLAND COOKING CO.  
BY DEB NOLAN

## SAMPLE SPRING MENU

### STARTERS

**Grilled Sea Scallops** wrapped in prosciutto, balsamic maple dijon glaze, nectarine and tomato jam, Aleppo, Chèvre, and mint

### PLATED SALAD

**Summer Salad** strawberries, organic greens, spicy candied pecans, goat cheese, strawberry white balsamic vinaigrette

### DINNER

**Potato-crusted Chicken Cutlets** rhubarb ginger compote

**Copper River Salmon** dill crema

**Grilled Lamb Chops** rosemary, garlic, Dijon, island Italian plum chutney

**Farrow Pilaf** caramelized sweet onions and Italian parsley

**Mimosa style Asparagus** grainy mustard, extra virgin olive oil, shallot vinaigrette, chopped eggs

### DESSERT

**Bittersweet Italian Chocolate Budino** whipped cream and chocolate shavings